

NORTH VALLEY INTERGROUP NEWS

Welcome to the February Edition of the North Valley Intergroup. This edition will kick off the 2023 year. We will be expanding the March newsletter with additional sections so please email us by March 10th with your submission at NVIGnewsletter@gmail.com

The Plain Truth

FEBRUARY 2023 | MAKING AMENDS
BY: CARLA H. | CHICO, CALIF.

A parent of an autistic son keeps her amends to him simple and honest. Now it's time to live it.

My sobriety date is 2006 and since then I have made many, many amends through this amazing program. Some have been well-received, some not so much, but I always have felt better after making them.

The most vital and outstanding amends I've had the honor to make was to my autistic son. He was 14 at the time.

I call my son "Moose," as he is an awkward fellow with a mane of flaming red hair and a mountain man's red beard. His young life was made difficult by his condition and by his mother's constant drinking and his father's attempts to hold everything together. Our house was explosive, chaotic and unpredictable. When I finally hit rock bottom, (which directly involved Moose, but that's a story for another time) and made my way through the doors of AA, I learned a new way of living and being, of not having to drink no matter what, and of connecting with God and my family again.

On the day I made amends to Moose, I kept everything simple. Autism has no room for euphemisms, gray areas, untruths or colloquialisms. I told him the truth. "I drank too much alcohol and made bad decisions. I was mean to you. I was unkind. I lied to you. I broke promises. I wasn't really 'sick,' I was drunk or hungover and that's why I wouldn't get up. You were not safe we were not happy, and it was not your fault in any way. It was mine."

He looked at me and said, "Yes."

We alcoholics want to hear someone say, "Oh, you weren't that bad. Relax, you're being too hard on yourself." But that's not what happened. My son just leveled me with a cool blue-eyed stare and said, "Yes."

Then I told him, "I've joined a group called Alcoholics Anonymous. They're going to help me learn to live without alcohol. I'm going to try to be a better person, a better mom. I'm going to play with you, be home when I say I'm going to be home, not take your things and be here for you." He said, "OK."

It was as simple as that.

However, I have had to live those amends I made, one day at a time. All day, every day. For Moose has a memory like an elephant and he will remind me if I start to fall back into my old ways.

Moose is almost 30 now and he's my biggest sobriety supporter. He reminds me that we live life one day at a time. But we live that one day every day.

The AA Grapevine online store has a variety of books, ebooks and other publications full of inspiring stories of fellow AAs on their journey to recovery.



NVIG OPEN POSITIONS

We have several open positions for service. Most of tlf you or someone you know are interested in one of the following positions send an email to: NVIGnewsletter@gmail.com or come to the next NVIG business meeting on **Tuesday March 14, 2023 at 6:30pm**. The meeting is located at First Christian Church -295 E Washington Ave, Chico, CA 95926

- **NVIG Answering Service Coordinator**
 - 2 year term through Dec 2024
 - 2 year Sobriety Requirement

- **District 15 Liaison**

- **Quarterly Speaker Meeting Chair for Paradise**

- **Unity Day Coordinator -June 2023**
 - 2 year Sobriety Requirement

- **NVIG Campout Coordinator -August 2023**
 - 5 year Sobriety Requirement

BUTTE/GLENN AA MEETINGS

LITERATURE AND CHIPS/

**NVIG ANSWERING SERVICE
COORDINATOR**

www.aabutte-glenn.org

Call:(530) 592-0200

Call: (530) 342-5756

MONTHLY AA SERVICE MEETINGS



Butte County H&I Meeting Information:

Hospitals & Institutions (H&I)

1st Monday of every month at 6PM

Monday: March 6th

St. John's Episcopal Church

2341 Floral Ave., Chico

Area: 31 Butte <https://www.handinorcal.org>

Region: 30 Northern Interior <https://www.handinorcal.org>

District 15 Business Meeting

4th Monday of every month, 6:30-8pm

2341 Floral Ave., Chico

Monday: March 20th 2022

Email: dcm@aabutte-glenn.org

Chico Central Business Meeting

1st Tuesday of the Month at 06:45 PM

Tuesday: March 6th 2023

Chico Central Building 1102 Mangrove, Chico, CA 95926

North Valley Intergroup

2nd Tuesday of the Month at 6:30 PM

Tuesday March 14, 2023

295 E Washington Ave, Chico, CA 95926

Email: nvig@aabutte-glenn.org

<https://aabutte-glenn.org/>

BUTTEYPAA (Butte County Young People in AA)

4th Sunday of the Month at 9:00 PM

Sunday March 26th 2023

Zoom Meeting Info- Meeting ID: 539 759 619 Passcode: 532511

<https://www.butteypaa.org/>

ANNOUNCEMENTS



Tonight!

**Chico Central
Birthday Meeting**

**Saturday, Feb. 25th
at 5:30 pm
1102 Mangrove Ave**



What's New in March

BUTTEY BARNYARD BINGO

MARCH 4TH, 7-10PM

HOPE COMMONS CHURCH - 1184 EAST AVE, CHICO

Speaker Meeting, \$10 Suggested Donation, and 50/50 Raffle

CO-HOSTS
CRUZYPAA
REDYPAA
SOCYPAA

SPEAKERS:
Joe G. From SOCYPAA
&
Laura P. From CRUZYPAA

GET IN THE CAR!

Back To Basics

The Alcoholics Anonymous
Beginners' Meetings

"Here are the steps we took . . ."
in Four One-Hour
Sessions

**Workshop starts March
12@3pm PDT zoom ID 526
156 7797 password is
3ADL5j**

Further info contact Tommy
530-353-5037 hope to see
you all there 🙏

ANNOUNCEMENTS

Quarterly Speaker Meeting April 22, 2023 in Paradise



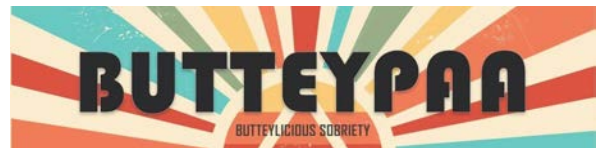
Dessert Potluck 6pm
Speakers 7pm
Paradise Vetrans Hall
6550 Skyway, Paradise, Ca



Oroville Picnic/BBQ

Saturday, May
20, 2023
11-3pm

Contact: Sally M.
or Tommy P.
for more info.



Our Mission:

Butte County Young People in Alcoholics Anonymous (BUTTEYPAA) has one primary purpose, to carry its message to the alcoholic that still suffers.

Upon this message, our common solution, we can join in harmonious action. Whether we are young in age or young at heart, we will trudge the Road of Happy Destiny as one.

Many service opportunities here! Reach out to Kristy C (Chair) or Zak K (Co-Chair) or visit website butteypaa.org

If you would like to subscribe to our monthly newsletters please email a request to nvignewsletter@gmail.com

*In Love and Service,
Katie V.*

**NEW
SLETTER**



“Let us always love the best in others -- and never fear their worst.”

**AA Co-Founder, Bill W., January 1962, “This Matter of Fear,”
The Language of the Heart**

Step Two

“Came to believe that a Power greater than ourselves could restore us to sanity.”



Second Step Prayer

Heavenly Father,
I know in my heart that
only you can restore me
to sanity.
I humbly ask that you
remove all twisted
thought &
Addictive behavior from
me this day.
Heal my spirit & restore
in me a clear mind.

“For our group purpose there is but one ultimate authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.”

What is it to be a Trusted Servant?

Tradition Two

Long Form:

“For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience.”

Trusted servants at any level of AA service are expected to exercise leadership, and leadership is not simply a matter of submissive housekeeping. It is the voice of experience, based upon the trials of thousands of groups in AA's pioneering time.

The main principles of Tradition Two are crystal clear: The "group conscience" is the ultimate authority and the "trusted servant" is the delegated authority. One cannot function without the other. As a leader you are to be entrusted with delegated responsibility to act humbly regarding the group conscience.

The "trusted servant" provision of Tradition Two, contemplates that you as a servant, within the scope of your duties, should be trusted to use your own experience and judgment to determine how you will interpret and apply your own authority and responsibility to each particular problem or situation as it arises. To accept the necessary disciplines that your service tasks require and to see yourself as "a small part of a great whole."