

NORTH VALLEY INTERGROUP NEWS

Attention All Butte/Glenn AA Fellows:

We are dedicating this September newsletter to someone who touched many, many lives in our fellowship, Skip West. I reached out to get a couple of entries for this edition. The flyer for Skip's Celebration of Life is included as well. Enjoy!

Skip West was my friend. I know so many reading this were also close with Skip. I love to hear people share how they met him and how he touched their lives. Skip was like one of those angels in a movie, with all the defects and humanness to make for a touching comedy about some regular guy who is touched by God to help save other feral creatures like cats, dogs and alcoholics.

I was introduced to Skip by the staff at our Chico rehab alma mater. After sitting through my 'graduation' that I was not sober for, Skip congratulated me with a big hug and a recovery gift. He knew I wasn't sober and didn't judge me for it. He just hugged me and loved me. The next thing I know he's taking me to my first AA meeting in my hometown of Oroville, the Brothers in Sobriety meeting.

We walked into a small out building next to St Thomas Catholic Church, which had me feeling a little sketchy to start with, coming from an atheist upbringing. The first man Skip introduced me to was his sponsor Dick C. The room was full of gruff men and loud voices competing to be heard among the good natured but hard core ribbing that was going on. I wanted to run out of there as fast as I could. But Dick told me to sit right next to him like a head coach and motioned for Skip to flank my other side.

From that day it took me over a decade to finally get and stay sober, one day at a time. Both men never left my side. Dick was our father and we were his mischievous boys. Skip's good nature and crazy high speed thoughts, sounds and sense of adventure made sense to me. Skip was real and made newcomers like me feel like I had a relatable friend in my corner. His adventures as a flight steward were out of a movie. Skip was very smart and he was on track for a studious life at UC Davis and then on law school. But he called his mom after trying out a flight to Acapulco, Mexico and told her he was dropping out and found his calling. You can only imagine her reaction!

I used to fly a lot for business. Before I ever met skip in AA I recalled this seemingly crazy steward on my flights that would make me laugh really hard every time he spoke over the loudspeaker. That crazy guy was Skip! As the years rolled on and we became close brothers in sobriety, he would share more about his life with me, some tragic and some hilarious. The most memorable story Skip told me was ending up at Reggae icon Bob Marley's house in Jamaica for dinner with his coworker who, unbeknownst to him, was married to Marley's guitarist. By the end of the night Skip had won Bob and Bunny Marley as loyal fans.

Skip's brilliance in helping the newcomer was the fact that he never forgot that he was an alcoholic. He knew his life was unmanageable and always shared that aspect of his life at group level. To a struggling alcoholic like me, I found Skip's approach to be selfless and progressive. He had an uncanny way of getting new sponsees to open up by sharing some of his dark secrets first. Invariably, the frightened alcoholic could believe in someone willing to share their worst stuff.

Skips legacy in AA, for me, is that he gave it all away, everyday. He gave every last penny, hug and smile to the next struggling alcoholic he came across. Skip never pontificated or preached. He always shared his ugly, messy and beautiful truth. Skip West led an example of recovery I respect and aspire to follow. To thine own self be true. I love you, Skip!

**Chris R.
Oroville, Ca**

My last encounter with Skip was at a memorial for another friend, Troy C. I got to share pics of new and old miracles in the program, we hugged and talked a bit about the Twins C.O. and C.A. We exchanged I love you's. He passed the next day. I am grateful for our friendship, shared fellowship, glad for our shared smiles. He had the most infectious laugh and could lighten the mood, while still maintaining a level of let's get the job done. One Day At A Time. My initials are M. T. Some know me as Smart Pigeon, in the rooms. My sobriety date is 5 February 2006, I have been clean and sober over 17 years. That's Nights, Weekends, and Holidays. Skip W is a good friend of mine. He is still a part of my heart, and my sobriety. He is kind, caring, thoughtful, and has shown up as God's hands and feet. I woke up one Sunday morning in 2016, and couldn't grip with my right hand. My face was numb and swollen. I texted and called family and friends. Some garbled stuff. I walked to the clinic around the corner from my house. Clinic asked me a couple of questions and left me sit there for a while, at least an hour or more. I sent a couple more messages to my cousins and AA friends. I felt the need to get to the hospital... and left, walking to get back to my house. Skip was headed to work that morning. Drove past me, made a big U-Turn... said for me to get in the car. He dropped me at the nearest ER (told me later I was staggering, my face was slumped, he knew something wasn't right). He wrote his name and phone number on a post it note and pinned it to my shirt (for the nurses). "I found this kid dazed and confused, I have to get to work." They got me in the back right away and started tests et cetera. Stroke Like Symptoms, I spent three days in the hospital. Some months later found out it was brain aneurysms inflating. Skip had a gentleness about him, and cared for animals and people. He helped many men to find their gentleness in sobriety also. He did a lot behind the scenes, for fun and for free. He trudged the road of happy destiny with me, and I will miss his smiley face and Hawaiian shirts. Skip W saved my life.

**M.T.
Oroville, Ca**

NORTH VALLEY INTERGROUP NEWS

MONTHLY AA SERVICE MEETINGS



Butte County H&I Meeting Information:

1st Monday of every month at 6PM

Next Meeting: Monday: October 2nd 2023

St. John's Episcopal Church

2341 Floral Ave Chico CA 95926

Area: 31 Butte <https://www.handinorcal.org>

Region: 30 Northern Interior <https://www.handinorcal.org>

District 15 Online Business Meeting

4th Monday of every month, 6:30pm

Next Meeting: Monday, September 25th 2023

Chico Central Business Meeting

1st Tuesday of the Month at 06:45 PM

Next Meeting: Tuesday, October 3rd 2023

Chico Central Building 1102 Mangrove, Chico, CA 95926

North Valley Intergroup

2nd Tuesday of the Month at 6:30 PM

Next Meeting: Tuesday, September 12th 2023

295 E Washington Ave, Chico, CA 95926

<https://aabutte-glenn.org/>

BUTTEYPAA (Butte County Young People in AA)

2nd Thursday of the Month at 8:00 pm

Next Meeting: Thursday, September 14th 2023

<https://www.butteypaa.org/>

If your group needs Literature or Chips please contact:

LITERATURE AND CHIPS!

Laura R.
(530) 592-0200

NVIG ANSWERING SERVICE

(530) 342-5756

BUTTE/GLENN AA MEETINGS

<https://aabutte-glenn.org>

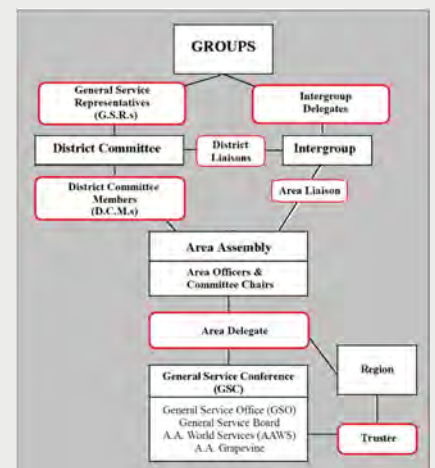
General Service District 15 Area 07

From the Desk of the DCM:

You may have seen the pamphlet, "The A.A. Group... Where It All Begins." So, what's the difference between a home group and a meeting? Some say that the meeting is what happens during the meeting times (for example, 7:00pm and 8:00pm on a Monday night), and a home group happens all of the rest of the time. A home group is more than a meeting... It's where 'you hang your hat.' It's where you come home to week after week; it's where you give your support first both financially and in service; it's where you get to know your fellow members and they get to know you; it's where you have a say in how the group operates. One member... One group... One vote! You may visit other groups and/or meetings and when you do please keep in mind that you do so as a guest. Ask the group members and/or secretary beforehand what is permissible. Each group is autonomous: some groups may allow you to attend the business meeting and vote and some may not; some only allow those who consider the group to be their home group to do service; some groups give Big Books to newcomers and some do not; some groups allow you to make announcements and some do not. And, when someone attends your home group, it is up to you to be the host and greet that person and make them feel welcomed and acknowledged just as though you invited them to your home for Sunday dinner.

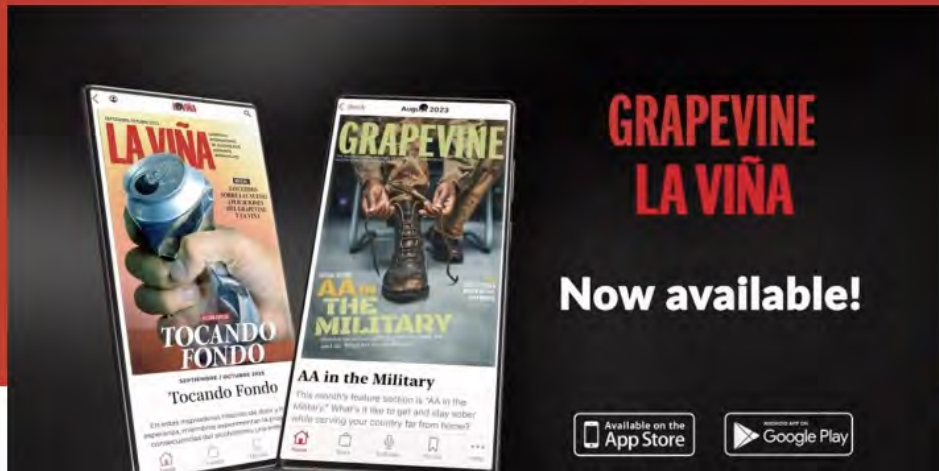
The next Area Assembly will be the Elections Assembly to be held in Shingle Springs/Placerville at the American Legion Hall, November 10-12, 2023. Panel 74 Area Officers, Delegate, and Alt-Delegate will be elected using the Third Legacy Procedure. District 15 uses the same procedure to elect its officers as well. The next election will be Monday, November 27, 2023 at the regularly scheduled district meeting. The positions of DCM (District Committee Member), Alt-DCM, Treasurer, Secretary, and Registrar will be available. If you would like to help with this vital service, please attend the District meetings on the fourth Monday of the month from 6:30-8:00pm at 2341 Floral Avenue in Chico.

In love and service,
Lisanne T.



For more Information on District 15 visit
<https://aabutte-glenn.org/district-15-cnia-area-07-news>

THE GRAPEVINE AND LA VIÑA APPS ARE HERE!



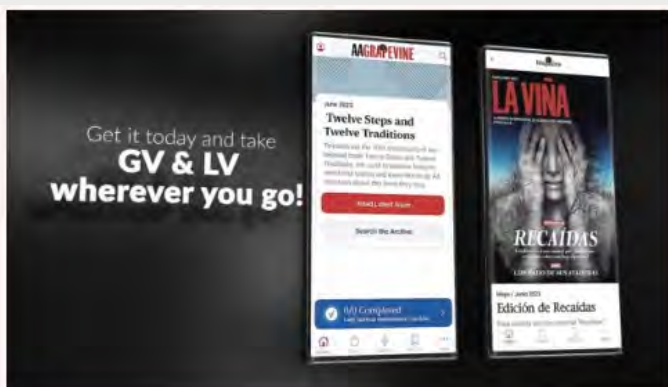
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SEPTEMBER EVENTS & ANNOUNCEMENTS



NVIG CAMPOUT RECAP

Thank you to all who came & camped with us this year. It was an amazing weekend! We look forward to 2024 when we return to Camp

Tehama for more:
Great Speakers
Fellowship
Activities



* Special Thanks to Rich & Pam from Tabletop Restaurant for your service & GREAT FOOD! Visit them at 109 Tabletop Mtn Blvd, Oroville, Ca. (530)533-9655



Please join us to celebrate Skip West!

Saturday, September 9th at 11 AM
OroNaz Church

2238 Monte Vista Ave. Oroville, Ca.

Please bring a side dish or dessert to share, and your favorite stories and memories of our dear friend.

REDYPAA & BUTTEYPAA
PRESENT

ANNUAL
YPAA SOFTBALL TOURNAMENT

Stick With The Winners

SATURDAY, SEPT 16TH
CALDWELL PARK
54 QUARTZ HILL ROAD, REDDING, CA
9:00 A.M. - 4:00 P.M.

REACH OUT TO:
NICOLE S (707) 972-1277
JUDY F (530) 276-5028

VENMO @REDYPAA

LUNCH \$7 HOT DOGS & CHIPS
CONCESSION STAND

Team Lineups:

REDYPAA, BUTTEYPAA, TBD

Speaker Meeting: After Games

Opening Speaker: TBD

Main Speaker: Rachel (ACY PAA Advisory)

September

NEW
SLETTER

If you would like to subscribe to our monthly newsletters please email a request to nvignewsletter@gmail.com

In Love and Service,

Katie V.

Celebrating September Milestones

Chico Central Birthday Meeting
Saturday, September 30th 5:30 PM
1100 Mangrove, Chico

Paradise Central Birthday Meeting
Thursday, September 28th 7:00 PM
7126 Skyway, Paradise

OCTOBER EVENTS

**SATURDAY 9:30-3:00
OCTOBER 21, 2023**

Join us!
20th Annual
**WOMEN'S SOBRIETY
CELEBRATION**
Expect Miracles!

Opening speaker
Kellie C.
Concord, CA
6 Years! MIRACLE DATE 10/28/16

Main speaker
Lynette R.
Akron, OH
24 Years! MIRACLE DATE 5/5/99

Time: Doors open at 9
Event Begins at 9:30 am
Cost: \$25 BEFORE 10.14.23
\$30 at door if seating available
Where: Hope Commons Church
1184 East Ave, Chico

SCAN ME 

First Name & Last Initial(s) _____
Email address: _____ Cell # _____
Registration Amount: _____ Scholarship Amount: _____ Total: _____
Mail Payment to: PO Bpx 7108 Chico, Ca. 95927

 530-570-6648 FOR SCHOLARSHIP
WSCREGISTER2023@GMAIL.COM
www.chicowomeninsobriety.com

NVIG Quarterly Speaker Meeting!
Saturday October 28, 2023
Doors Open 6 PM Event Begins 7 PM
First Christian Church 295 E Washington Ave, Chico, CA
Andy S. Rochester, N.Y. 22 Years

50/50 Raffle Raffle Baskets
Shelby B. Chico, CA 2 Years
Sobriety Countdown 22 Years

For questions or service opportunities, call Ken 510.459.3738, or Virginia 530.514.5224

Ninth Step Promises

If we are painstaking about this phase of our development, we will be amazed before we are half way through. We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it. We will comprehend the word serenity and we will know peace.