

### **Being of Service Matters**

Just like my experience with the first 11 steps, when I set out to intentionally participate in the 12th step, I didn't realize how my mental health would benefit. Whether I am serving as a meeting secretary, taking a sponsee through the steps, or (poorly) attempting to make coffee, I now see that something healing happens inside of me or around me every single time. I am undeniably connected to my Higher Power, the AA fellowship, and my community in those moments. I am learning how my gifts and skills are designed to be used for the greater good. I'm experiencing others and feeling gratitude for how they were designed and created to also serve the greater good. And I am often enjoying a much needed break from the noise in my own head. I was scared I wouldn't have time, emotional capacity, or the skills to be of service to the AA fellowship. I was afraid I would fail. I hate failing. The idea of it scares me. What I'm learning is; "progress, not perfection" is good enough, asking others for their help has become my most valuable tool for dealing with the fear of failing, and the "we" part of the program includes me being willing to serve. Getting out of bed, showering (most days), getting dressed and showing up to be of service (even when I don't want to) keeps me from isolating and wallowing in whatever is on my mind. It keeps me from feeling sorry for myself and helps me see why I do matter. It is my direct link to "keep coming back." I will eventually drink if I don't keep coming back. But that's not the most important part of why being of service matters to me. If I don't suit up and show up, if we all don't suit up and show up, who will be here to make sure there is a meeting or an event for the new comer when their bottom delivers them to our door? Being of service is life and death for all involved. And we all matter.

#### OCTOBER 2023 NEWSLETTER

# NORTH VALLEY INTERGROUP NEWS

# MONTHLY AA SERVICE MEETINGS

# AA PLEDGE I am responsible. When anyone, anywhere reaches out for help I want the hand of AA always to be there. And for that: I am responsible



## **Butte County H&I Meeting Information:**

1st Monday of every month at 6PM

Next Meeting: Monday: November 6th 2023

St. John's Episcopal Church 2341 Floral Ave Chico CA 95926

Area: 31 Butte https://www.handinorcal.org
Region: 30 Northern Interior https://www.handinorcal.org

#### District 15 Business Meeting

4th Monday of every month, 6:30pm

Next Meeting: Monday, October 23rd 2023

#### Chico Central Business Meeting

1st Tuesday of the Month at 06:45 PM

Next Meeting: Tuesday, November 7th 2023

Chico Central Building 1102 Mangrove, Chico, CA 95926

#### North Valley Intergroup

2nd Tuesday of the Month at 6:30 PM

#### Next Meeting: Tuesday, November 14th 2023

295 E Washington Ave, Chico, CA 95926 https://aabutte-glenn.org/

#### BUTTEYPAA (Butte County Young People in AA)

2nd Thursday of the Month at 8:00 pm

Next Meeting: Thursday, October 12th 2023

https://www.butteypaa.org/

If your group needs Literature or Chips please contact:

Laura R. (530) 592-0200 **NVIG ANSWERING SERVICE** 

**BUTTE/GLENN AA MEETINGS** 

(530) 342-5756 https://aabutte-glenn.org

#### OCTOBER 2023 NEWSLETTER

# General Service District 15 Area 07

From the Desk of the DCM:

One of my favorite readings at the Area Assemblies and Area Committee Meetings is "Why Do we Need a Conference?" written by the late Bernard B Smith, nonalcoholic, and then chairperson of the board of directors... He says, "We may not need a General Service Conference to ensure our own recovery. We do need it to ensure the recovery of the alcoholic who still stumbles in the darkness one short block from this room. We need it to ensure the recovery of a child being born tonight, destined for alcoholism. We need it to provide, in keeping with our Twelfth Step, a permanent haven for all alcoholics who, in the ages ahead, can find in A.A., that rebirth that brought us back to life...." There's more. The reading can be found on page 40 of the Service Manual. Also in the Service Manual is "Leadership in A.A.: Ever a Vital Need" on page C29 in the concepts section. We will be discussing this article at the next district meeting. All are welcome join us!

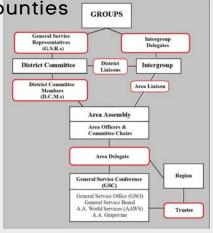
The next Area Assembly will be the Elections Assembly to be held in Shingle Springs/Placerville at the American Legion Hall, November 10-12, 2023. Panel 74 Area Officers, Delegate, and Alt-Delegate will be elected using the Third Legacy Procedure. District 15 uses the same procedure to elect its officers as well. The next election will be Monday, November 27, 2023 at the regularly scheduled district meeting. The positions of DCM (District Committee Member), Alt-DCM, Treasurer, Secretary, and Registrar will be available.

If you would like to help with this vital service, please attend the District meetings on the fourth Monday of the month from 6:30-8:00pm at 2341 Floral Avenue in Chico.

In love and service, Lisanne T. DCM, District 15 Serving Butte, Glenn

Serving Butte, Glenn, and Southern Tehama Counties





For more Information on District 15 visit https://aabutte-glenn.org/district-15-cnia-area-07-news

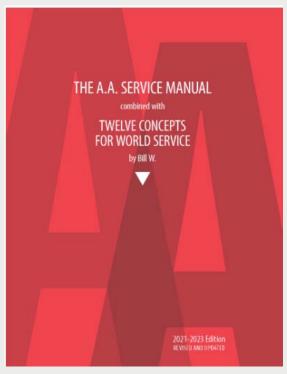
#### OCTOBER 2023 NEWSLETTER

# Want the AA Service Manual combined with Twelve Concepts for World Service?

BM-31AA Service Manual/Twelve Concepts for World Services Two titles in a single booklet

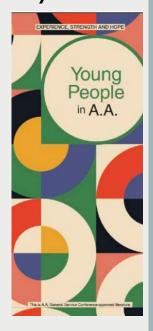
The AA Service Manual opens with history of AA services, then explains the General Service Conference structure and its year-round importance. Chapters cover the roles of GSRs, DCMs, delegates, directors and trustees, as well as what happens at GSO and Grapevine. The Twelve Concepts for World Service, written by AA co-founder Bill W., are an interpretation of AA's world service structure as it emerged through AA's early history and experience.
General Service Conference-approved.

Download here: https://www.aa.org/aaservice-manualtwelve-concepts-worldservices

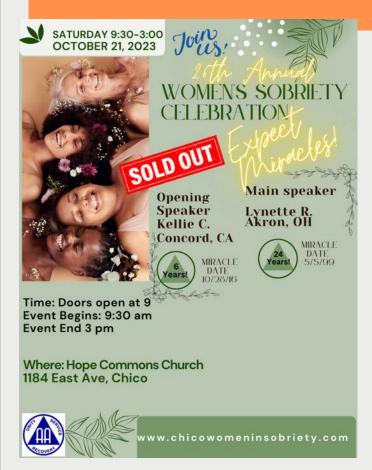


Announcing: Completely revised and redesigned pamphlet "Young People in A.A." (Item P-4)

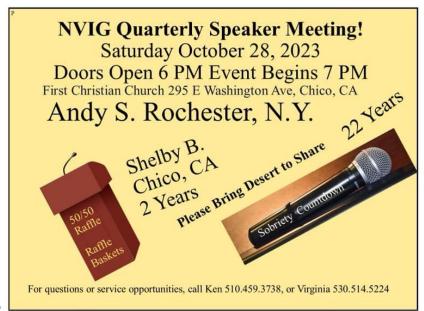
September 15, 2023 Dear A.A. Friends, We are delighted to announce that the new revised and redesigned pamphlet "Young People in A.A." is now available for ordering. This revised item of General Service Conference-approved literature features new stories by seven young A.A. members, and we follow their experience, strength and hope as they share: how it was, what happened, and what it is like now on their sober journeys as members of our Fellowship. With input and feedback from young A.A. members attending recent YPAAs, this beautifully redesigned pamphlet includes colorful illustrations crafted by one of our most beloved Grapevine illustrators and debuts with much enthusiasm from all who helped to contemporize its presentation of A.A.'s message of hope – and deliver it to the fellowship.



#### OCTOBER EVENTS & ANNOUNCEMENTS







Celebrating October Milestones

Chico Central Birthday Meeting Saturday, October 28th 5:30 PM 1100 Mangrove, Chico

Paradise Central Birthday Meeting Thursday, October 26th 7:00 PM 7126 Skyway, Paradise

#### FUTURE EVENTS & ANNOUNCEMENTS





Our Twelfth Step—carrying the message—is the basic service that the A.A. Fellowship gives; this is our principal aim and the main reason for our existence.

Therefore, A.A. is more than a set of principles; it is a society of alcoholics in action. We must carry the message, else we ourselves can wither and those who haven't been given the truth may die

Bill W.



If you would like to subscribe to our monthly newsletters please email a request to nvignewsletter@gmail.com In Love and Service, Katie V.