

FEBRUARY 2024

# NORTH VALLEY INTERGROUP NEWS

## What's happening in February?

- Paradise Central is having a Speaker Meeting & Dinner this **Saturday, February 17th from 3-5pm at the Church located at 6722 Clark Road**
- A new event calendar is still being compiled -
  - Unity Day will be held Sunday, June 9th in Bidwell Park immediately following God Squad \*\*we need a chair & co-chair for the event
  - Nvig Campout weekend will be **Labor Day Weekend August 30th to Sept 1st**
  - Fellowship Fridays will re-start March 8th
    - The second Friday of each month we will meet at Chico Central to caravan to a Friday night meeting in our surrounding cities. Watch for a flier coming in March



VALENTINE'S  
Dinner & Speaker Meeting

Paradise Central AA Activities Committee  
Cordially invites you to our Valentine's Day Dinner and Speaker Meeting

**Saturday, February 17th 2024 3pm – 5pm**  
**NEW EVENT LOCATION**  
Mexican Pot Luck Dinner  
3pm

Bring your favorite Salad, Main Dish, or Dessert!!  
Nachos & garnishes will be provided by Activities Committee

Speakers  
4pm  
Couple sharing their Experience, Strength and Hope.  
-Clarissa & Darrell P.-

WATER & SODA \$1      RAFFLE: 50/50 & BASKETS      6722 CLARK ROAD  
PARADISE, CA

My good friends in A.A. and of A.A.,

I get a big thrill out of looking over a vast sea of faces like this with a feeling that possibly some small thing I did a number of years ago played an infinitely small part in making this meeting possible. I also get quite a thrill when I think that we all had the same problem. We all did the same things. We all get the same results in proportion to our zeal and enthusiasm and stick-to-itiveness. If you will pardon the injection of a personal note at this time, let me say that I have been in bed five of the last seven months and my strength hasn't returned as I would like, so my remarks of necessity will be very brief.

There are two or three things that flashed into my mind on which it would be fitting to lay a little emphasis. One is the simplicity of our program. Let's not louse it all up with Freudian complexes and things that are interesting to the scientific mind, but have very little to do with our actual A.A. work. Our Twelve Steps, when simmered down to the last, resolve themselves into the words "love" and "service." We understand what love is, and we understand what service is. So let's bear those two things in mind.

Let us also remember to guard that erring member the tongue, and if we must use it, let's use it with kindness and consideration and tolerance.

And one more thing: None of us would be here today if somebody hadn't taken time to explain things to us, to give us a little pat on the back, to take us to a meeting or two, to do numerous little kind and thoughtful acts in our behalf. So let us never get such a degree of smug complacency that we're not willing to extend, or attempt to extend, to our less fortunate brothers that help which has been so beneficial to us.

Thank you very much.

\* From Dr. Bob's brief remarks on Sunday, July 30, 1950, at the First International A.A. Convention in Cleveland, Ohio.

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### New Prayer & Meditation MP3

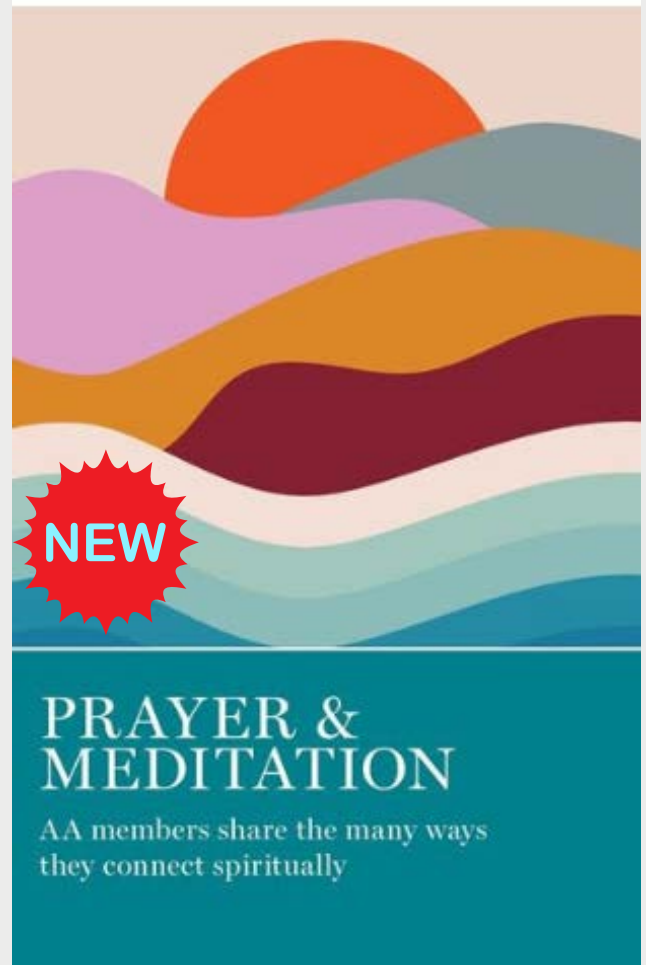
Features powerful stories by members of Alcoholics Anonymous about the many ways they pray and meditate in their daily lives.

An integral part of AA recovery is learning to connect spiritually. The stories in this book show how members begin to pray and meditate and then branch out to develop very personal and often creative ways to practice. Chapters include daily routines, traditional religious practices, activities and exercises, unique techniques, the Serenity Prayer, and connecting with nature and the universe. All stories were previously published in Grapevine, the International Journal of AA. Great for recovery or those who want to explore prayer and meditation.

\$11.99

<https://www.aagrapevine.org/store>

Runtime: 4hrs 31 min.



AVAILABLE

NOW

FOR IMMEDIATE RELEASE  
Attn: Reporters, editors, and producers

## Alcoholics Anonymous Membership Survey results released

*Survey conducted in 2022 offers information on member characteristics and experience in the A.A. program.*

(NEW YORK, January 17, 2024)

Results of the Alcoholics Anonymous Membership Survey have been released and are available on the [A.A. website](#) and [in print](#).

More than 6,000 A.A. members took part in a survey using random selection sampling conducted by the General Service Office in 2022. Since 1968, this survey has been conducted periodically to keep members and the public informed of the current profile of the membership. The last survey was conducted in 2014.

“This survey helps to characterize the membership and not only provides information about A.A. to the public, but also provides important information that members can consider in reaching anyone suffering from alcoholism who may wish to stop drinking,” said A.A. General Service Board Trustee Deborah K.

For the first time, the survey included questions about online A.A. meetings, which became more widely available during the COVID-19 pandemic. While 75% of members had attended at least one virtual meeting either online or by phone, 79% still preferred in-person meetings.

While overall there were not major changes in membership characteristics since 2014, the results did show an increase in “old timers,” members with more than 20 years continuous sobriety. In addition, 89 percent of survey-takers indicated they have a “home group,” a meeting they attend regularly, indicating a strong connection with the Fellowship among an overwhelming majority of members.

Survey results, information on methodology, and downloadable survey infographics can be found at [aa.org/membership-survey-2022](https://aa.org/membership-survey-2022). The 2022 A.A. Membership Survey pamphlet is also available for purchase at [onlineliterature.aa.org/A.-A.-Membership-Survey](https://onlineliterature.aa.org/A.-A.-Membership-Survey).

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Founded in 1935 on the principle of one alcoholic helping another to achieve sobriety, Alcoholics Anonymous is an effective and enduring program of recovery that has changed

countless lives and has always been committed to making its program of recovery available to anyone who reaches out for help with a drinking problem.

To find a local A.A. meeting, contact a local A.A. office or visit [aa.org/meeting-guide-app](https://aa.org/meeting-guide-app) to learn about the Meeting Guide app and how to use it.

# GENERAL SERVICE DISTRICT 15 AREA 07

From the Desk of the DCM:

Happy February Fellows,

District 15 has the following open service positions. Please come to the regular business meeting if you are interest (February 26 - 2341 Floral Ave - 6:30pm)

**Alternate District Committee Member (Alt-DCM)-** Required length of sobriety – 3 years

- Have served or be currently serving as GSR or have previous experience in General Service
- Has the time, willingness, and energy to serve the district well.

**Duties**

- If the DCM is unavailable to attend district or area events, or if the DCM steps down for any reason, the alternate steps in and functions as DCM.
- Assists in organizing workshops and/or sharing sessions on service activities. Organizes GSR schools.

**Treasurer-Required length of sobriety – 3 years**

- Have served or be currently serving as GSR or have previous experience in General Service
- Has the time, willingness, and energy to serve the district well.

**Duties**

- Treasurer has the authority to maintain appropriate bank accounts for District 15, avoiding accounts with monthly service charges.
- Picks up mail from District 15 post office and is responsible for two keys to the post office box.
- Maintains the District's checking account and reconciles the account monthly.
- Pays all bills, monthly rent, and other expenses.
- Deposits all funds received and sends out written acknowledgments for 7th tradition contributions from the groups.
- Prepares the treasurer's report and the group contribution report for each district meeting and submits to the DCM ten days prior to the meeting.
- Treasurer should have bank statements and financial records available for inspections at each meeting.
- Together with the finance committee, presents a spending plan or budget to be approved before the beginning of the fiscal year which is July 1.



FEBRUARY 2024

# GENERAL SERVICE DISTRICT 15 AREA 07

From the Desk of the DCM:

## **Recording Secretary- Required length of sobriety-3 years**

Has the time, willingness, and energy to serve the district well.

### Duties

- Capture accurate and unbiased district meeting minutes.

Prepare minutes in a timely manner transmitted to DCM ten days prior to the monthly district meeting.

- Send unapproved draft minutes to the district GSRs, officers, and committee chairs via email.
- Maintain a current listing of officers, committee chairs, and GSRs, together with email address and telephone numbers wherever possible.

Please join us on March 9th for the General Service Conference Workshop at Hope Commons Church – 1184 East Avenue, Chico – 10am-3pm. Potluck lunch, please bring a dish to share.

In Love and Service,  
Martha T.  
DCM, District 15

FEBRUARY 2024

## H & I UPDATE

From the Butte-Glenn Area 31 H&I Committee:

The Butte-Glenn Area 31 H&I Committee would like to take the opportunity to thank all individuals who have recently volunteered to be of service, and those who are currently serving our various facilities. Thank You!

A very special thank you also to all that helped get the word out at the last quarterly speaker meeting in Paradise. As was announced at that meeting, we have recently been asked to take meetings back in to Butte Co. Jail.

We are currently in the process of getting volunteers cleared by the jail with the anticipation of being able to have meetings there starting in March. It is with the participation of the fellowship that H&I can continue to deliver the life saving message of AA to the confined alcoholic in our local corrections and treatment facilities. H&I continues to be grateful for the financial support through the fellowships pink can contributions too. With the increased opening up of more of H&I Norcal served facilities, so does the increase in demand for our provided literature. Thank you for your contributions.

If you are interested in H&I service, we hold our monthly area committee meeting on the first Monday of every month @ 6pm, St. Johns Episcopal Church, 2341 Floral Ave., Chico Ca., 95973. Anyone who is interested in being of service, or wants to find out more about H&I, is encouraged to attend.

Thank You,  
Jim L. Current Chair Area 31

Butte/Glenn Co.

NorCal H&I Committee  
 Financial Report  
 January 2024

<u>INCOME AND EXPENSE BREAKDOWN</u>		
	Jan 24	Jan 24
Income		
Area Contributions	70,926.94	70,926.94
Bequest	9,000.00	9,000.00
Processor Fees	-863.34	-863.34
<b>Total Income</b>	<b><u>79,063.60</u></b>	<b><u>79,063.60</u></b>
Expense		
Bank Charges	63.50	63.50
LITERATURE EXPENSE		
AAWS	40,065.99	40,065.99
GRAPEVINE & LA VINA	707.88	707.88
Meeting Directories	54.69	54.69
Storage Unit Rent Expense	963.00	963.00
<b>Total LITERATURE EXPENSE</b>	<b><u>41,791.56</u></b>	<b><u>41,791.56</u></b>
NorCal Committee	1,070.76	1,070.76
NorCal IVSS Program	395.89	395.89
Printing Costs	2,107.97	2,107.97
Re-distributions - 5% to Areas	23,444.35	23,444.35
Virtual Meeting Expense	757.40	757.40
<b>Total Expense</b>	<b><u>69,631.43</u></b>	<b><u>69,631.43</u></b>
Net Ordinary Income	<u>9,432.17</u>	<u>9,432.17</u>
<b>Net Income</b>	<b><u>9,432.17</u></b>	<b><u>9,432.17</u></b>
	<b>Jan 24</b>	<b>Jan 24</b>
OPERATING ACTIVITIES	<u>9,432.17</u>	<u>9,432.17</u>
Net cash increase for period	9,432.17	9,432.17
Cash at beginning of period	<u>305,279.21</u>	<u>305,279.21</u>
Cash at end of period	<b><u>314,711.38</u></b>	<b><u>314,711.38</u></b>
Cash in Prudent Reserve =	\$140,582.8	
Cash in Operating Acct =	5	
<b>Total Cash on Hand</b>	<b><u>\$174,128.58</u></b>	
Value of Lit on hand =	\$17,752.58	

<u>CONTRIBUTIONS BY AREA</u>		
	Jan 24	Jan 24
02, Del Norte	266.32	266.32
03, Siskiyou	184.00	184.00
04, Humboldt	875.09	875.09
11/12, Modoc/Lassen	23.00	23.00
16, Shasta	2,176.97	2,176.97
160, Spanish N Coast	84.04	84.04
17, Tehama	200.00	200.00
21, Mendocino	154.84	154.84
22, Sonoma	5,138.96	5,138.96
23, Lake	315.69	315.69
31, Butte/Glenn	1,349.73	1,349.73
34, Placer	3,084.00	3,084.00
36, Sierra/Nevada	1,455.36	1,455.36
42, Sacramento/Yolo	3,927.88	3,927.88
43, El Dorado	521.22	521.22
44, Amador	213.24	213.24
45, Sutter/Colusa/Yuba	518.69	518.69
51, Napa	379.69	379.69
52, Contra Costa	4,858.52	4,858.52
53, Alameda	5,466.87	5,466.87
54, Solano	1,054.86	1,054.86
61, Marin	4,681.75	4,681.75
62, San Francisco	5,544.35	5,544.35
65, San Mateo	10,353.96	10,353.96
71, Santa Clara	5,271.86	5,271.86
72, Monterey	607.49	607.49
73, Santa Cruz	8,109.55	8,109.55
81, Stanislaus	313.04	313.04
82, San Joaquin	488.02	488.02
83, Tuolumne	512.10	512.10
84, Calaveras	61.00	61.00
86, Merced	131.32	131.32
91, Mariposa/Madera	91.85	91.85
92, Fresno	1,919.01	1,919.01
93, Tulare	510.00	510.00
95, Kings	82.67	82.67
	<b><u>70,926.94</u></b>	<b><u>70,926.94</u></b>



# MONTHLY AA SERVICE MEETINGS

## AA PLEDGE

I am responsible.  
When anyone, anywhere reaches out for help  
I want the hand of AA always to be there.  
And for that: I am responsible



### **Butte County H&I Meeting Information:**

1st Monday of every month at 6PM

**Next Meeting: Monday: March 4th 2024**

St. John's Episcopal Church

2341 Floral Ave Chico CA 95926

Area: 31 Butte <https://www.handinorcal.org>

Region: 30 Northern Interior <https://www.handinorcal.org>

### **District 15 Business Meeting**

4th Monday of every month, 6:30pm

**Next Meeting: Monday, February 26, 2024**

### **Chico Central Business Meeting**

1st Tuesday of the Month at 06:45 PM

**Next Meeting: Tuesday, March 5, 2024**

Chico Central Building 1102 Mangrove, Chico, CA 95926

### **North Valley Intergroup**

2nd Tuesday of the Month at 6:30 PM

**Next Meeting: Tuesday, March 12 2024**

295 E Washington Ave, Chico, CA 95926

<https://aabutte-glenn.org/>

### **BUTTEYPAA (Butte County Young People in AA)**

2nd Sunday of the Month at 8:00 pm

**Next Meeting: Sunday, March 10th 2024**

<https://www.butteypaa.org/>

**Literature and Chips!**

Laura R.

(530) 592-0200

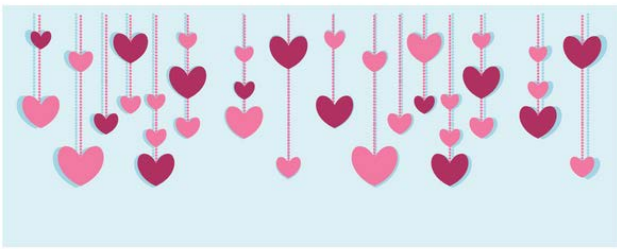
**NVIG Answering Service**

(530) 342-5756

**BUTTE/GLENN AA MEETINGS**

<https://aabutte-glenn.org>

## UPCOMING EVENTS



### VALENTINE'S Dinner & Speaker Meeting

Paradise Central AA Activities Committee  
Cordially invites you to our Valentine's Day Dinner and Speaker Meeting

**Saturday, February 17th 2024 3pm – 5pm**

**NEW EVENT LOCATION**

**Mexican Pot Luck Dinner  
3pm**

**Bring your favorite Salad, Main Dish, or Dessert!!  
Nachos & garnishes will be provided by Activities Committee**

**Speakers  
4pm**

**Couple sharing their Experience, Strength and Hope.  
~Clarissa & Darrell P.~**



WATER & SODA \$1

RAFFLE: 50/50 & BASKETS

6722 CLARK ROADK  
PARADISE, CA

General Service Conference

## Workshop

March 9th, 2024

10 am to 3pm

Hope Commons Church

1184 East Ave, Chico, CA 95926



Come experience the feel of the General Service Conference, at our half-day workshop. In the morning, you will serve on a conference committee. We will break for a potluck lunch, and in the afternoon we'll all pull together into a common session where we will have committee reports and discussion. A current or past Area 07 Officer will moderate each group.

Take Hwy 99 to East Avenue Exit

From Sacramento-Right onto East Avenue

From Redding-Left onto East Avenue (under the overpass)

Hope Commons Church is two miles down East Avenue on your left, just past the 7-11.

For more information, please e-mail [m3wit@sbcglobal.net](mailto:m3wit@sbcglobal.net) or call (530) 354-3834



**BUTTEYPAA**  
BUTTEYLICIOUS SOBRIETY

## Committee Elections

**When?: Sunday March 10th 2024**

**What time?: 1:00PM**

**Where?: 37 Bellarmine Ct Chico CA**



**Want to be of service and have fun in sobriety?  
Butteypaa is looking for members to help carry the  
message to the alcoholic still suffering, and be  
apart of a committee fostering AA program and fun!  
We are not a glum lot!**

**[Click here for position descriptions.](#)**

If you would like to subscribe  
to our monthly newsletters  
please email a request to  
[nvignewsletter@gmail.com](mailto:nvignewsletter@gmail.com)  
In Love and Service,  
Katie V.

**NEW  
SLETTER**